

Located in
historic Oyster Bay Village
on the beautiful North Shore of Long Island,

QWellness
Massage Therapy Studio

is your destination for personalized service
in a tranquil, inviting, healing treatment setting.

Suzanne Lang, LMT is a graduate of
The New York College of Health Professions.

Certifications in:
Reflexology, Natural Facelift Massage &
Clinical Aromatherapy.

Quintessence
(kwin tes'ns)
the perfect type or
example of something



QWellness
Massage Therapy Studio

212 South Street
Oyster Bay, New York 11771
516.761.1115

QWellnessMassage.com

By Appointment Only

Member AMTA



**Massage
Therapy**



QWellnessMassage.com

Queue (kyoō)
a line, as in persons
waiting to be served.

...find wellness naturally

Massage...

Not just for relaxation,
a healthcare alternative that
helps relieve stress, improve
mobility, promote better sleep
and alleviate the pain and
discomfort of a wide
variety of conditions...

60 & 90 minute treatments

Natural Facelift Massage™ ...

Say “no” to botox. **Say “yes” to no-tox.**

An alternative to invasive procedures
and injectables., this massage stimulates
blood flow, relaxes muscles, reduces the
appearance of fine lines and refreshes
skin. Noticeable, lasting results
achieved in 6-10 sessions.

Learn more on our website.

Packages available.



Menu of Massage Services



Quiet (kwīət)
peaceful, relaxing

...safe, alternative treatments

Swedish Technique

Deep Tissue Massage

Acupressure aka Amma Therapy

Medical Massage

Reflexology

Natural Facelift Massage™

Aromatherapy

Chair Massage

Vacuum Cupping

Tuning Fork Therapy

Reflexology...

The specialized technique of pressure to the
feet and hands has beneficial effects on health
in many ways. It can increase immunity,
improved energy, ease stress and anxiety,
reduce blood pressure and provide
relief from congestion and pain.

It also stimulates circulation
and internal organs.

30 & 60 minute treatments

Aromatherapy...

Utilizing specific essential oils customized
for your unique needs, aromatherapy can reduce
anxiety, ease depression, boost energy levels,
accelerate the healing process, relieve headaches,
boost cognitive performance, induce sleep,
strengthen the immune system, reduce pain,
improve digestion, and increase circulation.

Add to any massage treatment

Quell (kwel)
to quiet, allay

QWellnessMassage.com